



Tiny Steps. Big Growth.

Make the Most of Your Pediatric Care.

Ask how you can get additional support for you and your child.

Exclusively for Crossing Healthcare patients ages 0 - 5.



Meeting Milestones

Ensure your child reaches key developmental milestones like smiling, crawling, walking, and talking.



Nutrition & Feeding Support

Get guidance on infant feeding, introducing solids, managing picky eating, and making sure your child gets adequate nutrition.



Overcoming Challenges

Navigate hurdles like tantrums, establishing routines, and separation anxiety.



Safety

Secure your child's safety with tips on childproofing your home, car seat checks, and other safety measures.



Appointment Assistance

Receive appointment reminders, assistance scheduling specialty appointments, and support with transportation.



Community Support Services

Connect with additional community support services to meet your family's needs.

Meet Our Early Childhood Experts.



Liz Buchanan
HealthySteps Manager



Jensen Cearlock
HealthySteps Specialist